



THE GOOD SHEPHERD APPEAL 2020 LENT CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			26 February Ash Wednesday	27 February Draw a vase, stick it to the fridge. Draw a flower every day and watch it blossom.	28 February Write a new family prayer that you can say each day.	29 February Make your bed and tidy your room.
1 March First Sunday of Lent.	2 March Help a friend in school.	3 March Say sorry to someone you have upset.	4 March Read a story to a younger brother or sister.	5 March Pray for all the children without families.	6 March Take a break from your computer/tablet and spend it with your family.	7 March Do a favour for an elderly neighbour or relative.
8 March Second Sunday of Lent.	9 March Think of someone in need and pray for them.	10 March Pray to Our Lady.	11 March Sort out your toys and give some to charity.	12 March Help set the table for dinner.	13 March Give up your favourite toy or treat for today.	14 March Offer to help your family with the housework.
15 March Third Sunday of Lent.	16 March Think of someone who helps you and say thank you.	17 March Go for a walk and thank God for creation.	18 March Pray for peace in the world.	19 March Plan how you can be kind to someone today.	20 March Give up chocolate for one day.	21 March Play with your brothers and sisters today.
22 March Fourth Sunday of Lent.	23 March Tidy away your toys.	24 March Buy some sunflower seeds, get a pot and some compost.	25 March Talk about what Jesus means to you and your family.	26 March Plant and water your sunflower seeds and put them in the sunshine.	27 March Pray for the people who will go hungry today.	28 March Turn off the television for a while and help with family chores.
29 March Fifth Sunday of Lent.	30 March Make a card for someone who needs cheering up.	31 March Send the card to someone who needs cheering up.	1 April Check on your sunflower. Measure it and watch it grow!	2 April Say a prayer to Jesus the Good Shepherd.	3 April Play with someone in your class who doesn't have many friends.	4 April Thank you prayer. Write down three things you are thankful for.
5 April Sixth Sunday of Lent.	6 April Light a candle before you eat and remember Jesus is the light of the world.	7 April How many words can you make out of the words LENT and EASTER?	8 April Give your family a hug to show them how much you love them.	9 April Think of someone who has hurt you and forgive them.	10 April Drink water instead of a fizzy drink or juice today.	11 April Give your Vase of Lent blossom drawing to an elderly neighbour or relative.
12 April Easter Sunday.						

HAPPY EASTER

0151 261 2000
fundraising@wearenugent.org
wearenugent.org



#NugentGS