



together we are  
**nugent**

# ST. JOSEPH'S

**SUPPORTING ADULTS WITH ACQUIRED BRAIN  
INJURIES, NEUROLOGICAL DISORDERS, OR  
PHYSICAL DISABILITIES.**



# Welcome to St. Joseph's

St. Joseph's Residential Home is a specialist service supporting adults who have sustained an acquired brain injury (ABI) after birth – including injuries caused by stroke, traumatic brain injury (TBI), brain tumour, or other neurological events.

Our home provides a safe, structured, and therapeutic environment where residents can continue their rehabilitation journey while living as independently as possible. Our focus is on promoting recovery, enhancing wellbeing, and helping individuals rebuild meaningful, fulfilling lives.

At St. Joseph's, residents benefit from personalised, goal-focused support. We work closely with NHS and community specialists to ensure each person accesses the clinical and specialist input they require.



Our staff assist residents in developing daily living skills, managing the cognitive, emotional, and behavioural effects of brain injury, and engaging safely and meaningfully in community life. The home provides a warm, familiar environment where family involvement is encouraged, and where individuals can pursue long-term stability or gradually prepare for more independent living.

**Supporting recovery, rebuilding lives, and helping each person live as independently as possible.**



# Available Services

## Individualised Support

Each person supported has an individualised support plan that focuses on their specific needs, challenges, and recovery goals.

## Therapeutic Support

Support staff help individuals maximise independence with everyday tasks such as cooking, dressing, and personal hygiene, while adapting the environment to meet their needs. Speech and language therapists support those experiencing difficulties with communication, swallowing, or cognitive functions like memory and problem-solving. Physical therapy is also provided to help individuals improve mobility, strength, and coordination, particularly when a brain injury has affected motor skills.

## Access to multidisciplinary teams

Each person supported has an individualised support plan that focuses on their specific needs, challenges, and recovery goals. These plans are developed with input from multi-disciplinary teams that could include doctors, physical therapists, occupational therapists, speech-language therapists, and nurses.



At St. Joseph's, our focus is:

- Adjusting support plans over time to address evolving needs as the person progresses or faces new challenges in their recovery journey.
- Development of daily living and life skills, with staff supporting residents to build confidence and regain skills such as communication, personal care, cooking, and managing everyday routines.
- Support for cognitive, emotional, and behavioural needs, using positive, person-centred strategies to help residents manage the effects of their injury.
- Providing a warm, home-like environment that promotes dignity, comfort, and connection, with family involvement welcomed and encouraged.

We also offer a varied programme of recreational and social activities designed to enhance quality of life. These include arts and crafts, music therapy, gardening, fitness programmes, outings, and cognitive games that stimulate brain function and encourage social interaction.

Our beautifully landscaped gardens are a source of pride: a serene and therapeutic outdoor space with designated areas for group activities, gardening, picnics, and games that nurture friendship and connection. We believe that access to nature is essential for emotional and physical well-being, and our gardens provide a safe, calming environment for relaxation, purpose, and enjoyment.

Together, these features and activities help residents develop or maintain social skills, strengthen cognitive function, and find fulfilment, purpose, and a sense of belonging.



# Key Information

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- For ages 18+
- Max. occupancy: 18
- Strengths based support
- 24/7 support

# Facilities

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- Large gardens
- 2 communal living rooms
- Rehabilitation kitchen
- 18 ensuite bedrooms



**Working together  
to rebuild skills,  
independence,  
and wellbeing.**



# Floor Plan



**“The staff look after me as if I was a member of their own family.”**

*Resident, St. Joseph's*



# Imagine Our World Strategic Plan

At Nugent, our vision is rooted in compassion, respect, and innovation. Since 1881, we have been a beacon of hope and strength for individuals, families, and communities in need. Our work continues to evolve, guided by our commitment to meeting the challenges of an ever-changing world.

Our vision is clear: **together, provide a lifelong pathway of support for individuals and communities in need.** This vision underpins everything we do, from supporting children and families to empowering adults and strengthening communities across the North West and beyond.

Nugent's five strategic priorities shape our work today and into the future. We are committed to providing:

- **Accommodation** – Providing safe spaces for those in need
- **Employability** – Empowering individuals with the skills and resources needed to secure employment and build sustainable livelihoods
- **Poverty Alleviation** – Seeking to address all forms of poverty, such as food, hygiene, and financial crisis
- **Quality of Life** – Strengthen the ability of the people we support and our colleagues to sustain a healthy quality of life
- **Making Memories** – Creating opportunities for individuals and families to experience joy, break cycles of adversity and create lasting memories

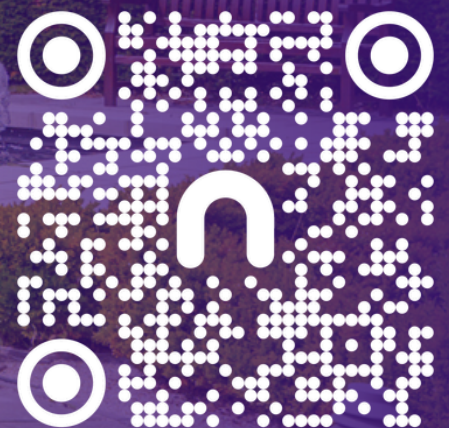
As one of the North West's longest-serving social care charities, Nugent is dedicated to working in partnership with local authorities, businesses, and community groups to drive positive change. By combining our experience with a forward-looking approach, we continue to adapt our services, ensuring we remain a vital part of the social care landscape.

Together, we are building stronger, fairer, and more compassionate communities, one pathway of support at a time.

To learn more: [wearenugent.org](https://wearenugent.org)

To view Nugent's Strategic Plan, scan the QR code below or visit:

<https://wearenugent.org/imagine-our-world-strategic-plan/>





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## Contact

For further information or to make a referral contact our referral team via phone, email, or our website.

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